

**Abstract**

A film coated tablet comprising:

- (a) at least 50% by weight of a dried aqueous extract of red vine leaves;
- (b) up to 50% by weight of an excipient consisting essentially of: at least one binder, at least one disintegrant, at least one filler, and a lubricant; and
- (c) a tablet film consisting essentially of: a film former, a plasticizer, a coating agent, and optionally a coloring agent,

and methods of making and using the same.